

Confirmation Sponsor Information Sheet

Since the earliest days in the history of the Church, people wishing to become Christians have had “*sponsors*” – those who would serve as guides or mentors in the Catholic faith. According to current Catholic practice, a sponsor must...

- Be a Baptized, Confirmed, and practicing Catholic in good standing in the Church**
- Be at least 16 years of age**
- Be someone to whom the candidate can go to for spiritual support and guidance**

(It is usually not a good idea to select a girlfriend or boyfriend as a sponsor. Such relationships often shift as one prepares for college and one's career, etc.)

While parents may not be sponsors of their children; grandparents, godparents, siblings, and other relatives who meet the criteria may serve. (If necessary, a parent may serve as a proxy for the sponsor at the celebration of the sacrament, but the parent cannot be the sponsor.)

When choosing a sponsor, prayerfully consider those who live a life in harmony with the church and who are willing to share their faith with you, serving as a companion on your faith journey not only this year, but throughout your life. Ask yourself: Who will offer wisdom and support to help me grow in faith? Who prays daily and participates in the Liturgy of the church? Who models what it means to live as a disciple of Christ? Who will lead me back if I fall away from my faith?

Once you have asked an individual to be your sponsor and he/she has agreed, let your sponsor know important dates right away (Confirmation and Sponsor Meeting, Confirmation rehearsal, Confirmation sacrament). Though sponsors need not be present for the celebration of the sacrament itself, it is, of course, preferred. Additionally, you will be asked to spend time with your sponsor as part of your preparation, so be sure to discuss this with your sponsor.

Confirmation Candidate's Full Name: _____

Sponsor's Full Name: _____

Sponsor Address: _____

Sponsor's Phone: _____ Sponsor's Email: _____

Sponsor's Parish of Confirmation: _____

Sponsor's Current Parish: _____ City, State: _____

Please return your completed form to Thaddeus Loduha on or before Sponsor Night (Thursday, Nov. 5th, 2026). Forms may be returned to the Faith Formation Office, brought to Confirmation Sessions, texted or emailed. Questions? Contact Thaddeus Loduha at loduhat@stjmuk.org or 262-395-0176 (Cell).

Prayer for Choosing a Confirmation Sponsor

Holy Spirit, helper and guide,
give me wisdom as I choose my Confirmation sponsor.

Help me to choose a person of prayer
who will teach me also to be a person of prayer,
who will support me in difficult times,
who will guide me to make good choices,
and who will challenge me when I do not.

Help me to choose someone who will love me and teach me to love Jesus. Thank you
for giving me a community of people around me to support and guide me as I take this
important step
in becoming more fully a member of your Church.

Amen